



ADE/Exceptional Student Services is pleased to announce a partnership with AHCCCS and The Neurosequential Model Network to present an amazing professional learning opportunity for Arizona's schools. The following trainings will assist schools in dealing with trauma and its effects on students.

There is no fee for participants. However, registration is first-come, first-served and based on statewide representation. Candidates selected to attend the Neurosequential Model in Education (NME) training will be required to provide at least one training at their site upon completion of the program and report data upon request. Candidates selected to attend the Neurosequential Model of Therapeutics (NMT) will be required to participate in ongoing training activities and to report data upon request.

Please see the application forms for more details. If you have questions, please contact Aanya Rispoli: aanya.rispoli@azed.gov.

Neurosequential Model in Education (NME)

The Neurosequential Model in Education (NME) draws upon the neurodevelopmentally-informed, biologically respectful perspective on human development and functioning to help educators understand student behavior and performance. The goals of NME are to educate faculty and students in basic concepts of neurosequential development and then teach them how to apply this knowledge to the teaching and learning process. NME is not a specific "intervention;" Rather, it is a way to educate school staff about brain development and developmental trauma and then to further teach them how to apply that knowledge to their work with students in and outside the classroom, particularly those students with adverse childhood experiences. This training is for classroom teachers and is a trainer-of-trainers model, and participants will be equipped to bring strategies back to their schools.

NME Training consists of:

1. Full day "Boot Camp" training during week of Jan. 28, 2019: in-person kickoff, introduction to core concepts, orientation to online accounts, implementation discussion, etc.
2. 5-hour Introduction to the Neurosequential Model in Education Series: 5 60-minute sessions reviewing core concepts of the Neurosequential Model
3. 15-hour NME Case-based training Series: 10 90-minute sessions, each session applying the NME to the case of a different child within school context (focus is on applying the NME; building on NME Intro Series)

4. 5-hour Classroom map training series: 5 60-minute sessions designed to instruct NME Trainers how to use the NME Classroom Map
5. Book Study of *The Boy Who Was Raised as a Dog* by Dr. Perry and Maia Szalavitz
6. Video content via streaming account: Series 1 (Understanding Traumatized and Maltreated Children), Series 2 (*Six Core Strengths for Childhood Development*), and Series 3 (*Introduction to the Neurosequential Model*) videos. Each Series is approximately 3.5 hours total over seven distinct sessions.
7. Full day onsite “Booster Session”: date in April (see registration form for specific dates) will support training and discuss concepts and implementation strategies.
8. NME Slide package
9. Follow up webinar meetings: approximately two sessions conducted via Skype or ZOOM to support training, discuss Classroom Map, etc.
10. Access to and completion of Classroom Map reports. 250 reports included per trainer.

NME application:

https://docs.google.com/forms/d/e/1FAIpQLSeWhHEaKzo_rNDg6JvYYRCMMVnA9dPcsf7xnp9MLWnrFBDdSA/viewform?usp=sf_link

Neurosequential Model of Therapeutics (NMT)

The Neurosequential Model of Therapeutics is a developmentally-informed, biologically-respectful approach to working with at-risk children and is a way to organize a child’s history and current functioning. The goal of this approach is to structure assessment of a child, the articulation of the primary problems, identification of key strengths and the application of interventions (educational, enrichment and therapeutic) in a way that will help family, educators, therapists and related professionals best meet the needs of the child. (This training is for master’s level school social workers, school counselors, or school psychologists.)

NMT Training consists of:

1. Completion of 15-hour NMT Case-based Training Series: 10 90-minute sessions discussion various clinical cases through NMT lens
2. Full day “Boot Camp” training week of Jan. 28, 2019: in-person kickoff, introduction to core concepts, orientation to online accounts, Q & A, etc.
3. Completion of 12 module curriculum representing 10 - 12 hours per month/approximately 120 total hours over the course of 12 - 15 months

Each module includes completion of the following elements:

- a. Readings according to a syllabus (professional journal articles)
- b. Completion of video content including 3 titles: View Series 1 (*Understanding Traumatized and Maltreated Children*) and Series 3 (*Introduction to the Neurosequential*)

Model) videos. Each Series is approximately 3.5 hours total over 7 distinct sessions. Also view *Early Childhood and Brain Development* (1 hour).

- c. Completion of additional video content on CTA YouTube channel
 - d. Completion of Core NMT Training Sessions (recorded, case-based webinars): 13 90-minute sessions
 - e. Completion of full NMT Case-based Training Series (recorded, case-based webinars): 10 90-minute sessions
 - f. Completion of at least 10 metric reports using NMT Clinical Practice Tools
 - g. Completion of monthly calls focused on metric report scoring issues and questions
 - h. Participation in monthly online study group meeting to review learning
4. Access to body of support resources and optional reading library.

NMT application:

https://docs.google.com/forms/d/e/1FAIpQLSciKui9AEyzBoCyuKO3ZSWXOVhag76pyrYOKTztSfLwiMFICw/viewform?usp=sf_link

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