Dear District Administrator, School Board Member, School Psychology Lead, and/or Special Education Director:

I am writing to request that your district and/or department(s) recognize November 8-12, 2021 as National School Psychology Week. In doing so, you will join with others across the country in making a commitment to help our students and staff celebrate the week’s theme—“Let’s Get in GEAR”. The theme’s acronym provides a challenge to grow both personally and professionally. It encourages us to engage in best practices and advocate for children’s access to mental health and learning supports. To rise implies resilience and renewal despite the challenges of the past. This has a particular resonance this year as we work to help students, families, and school staff emerge from the challenges of the past year and a half. When we get in gear, we move together. Throughout the week, schools across the country will be taking part in events and activities designed to highlight how school psychologists, teachers, and other school personnel work with students to help explore the parts of getting in gear.

As you know, school psychologists provide a range of services to support students’ academic achievement and social–emotional well-being. We are fully committed to working with you and the rest of the District/School’s staff to continue to energize and empower our students daily.

The theme for this year’s National School Psychology Week, “Let’s get in GEAR”, aims to connect with students and staff to highlight how getting in gear can help lead us to growth. As such, throughout the week, we hope to coordinate activities and distribute materials to spotlight the many ways, large and small, that our students and school staff can get in gear.

Specific activities will include/focus on expressing gratitude; doing a segment each day of the week during school announcements encouraging students engage in the process of growing, engaging in learning, advocating, and becoming resilient; posting on social media; sending letters to congressional delegation, and many other creative ideas school psychologist will come up with.

Attached are samples of the materials school psychologists will distribute.
We also suggest that the district include resources related to children’s mental and behavioral health on our website, which I am happy to provide, upon request.

As with all school-based professionals, we are most effective in our work through collaboration with other school staff, families, and members of the community. National School Psychology Week is part of an ongoing effort to improve collaboration and foster the common elements of a thriving school community in each school district to help all students grow and succeed.

Please let us know if you have any questions or if we can provide any further information. Thank you for your support of your staff and quality school psychological services.

Sincerely,

Lisa G Favela Ed.S., NCSP
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