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## Current Trends in Psychopharmacology for Mental Health Professionals

**APRIL 7, 2010 - ALBUQUERQUE, NEW MEXICO**

**APRIL 8, 2010 - TUCSON, ARIZONA**

**APRIL 9, 2010 - SCOTTSDALE, ARIZONA**

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PRESENTED BY:

**BARBARA J. SMITH, ATTORNEY**

**THOMAS A. SMITH, PHARMACIST, MENTAL HEALTH COUNSELOR**

## Current Trends in Psychopharmacology for Mental Health Professionals

- ✓ A Quick & Clear Understanding of Psychopharmacology
- ✓ Theory, "Science", Practice, Diagnosis, & Outcomes
- ✓ "Off-Label" Conditions and "Black-Box" Warnings"
- ✓ Specific Age-Related Psychopharmacology
- ✓ Pharmacolegal Issues & Risk Management in Your Practice

Barbara and Tom Smith present this information in an understandable,  
down-to-earth, practical, entertaining, and interactive manner.

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# Agenda

## Current Trends in Psychopharmacology for Mental Health Professionals

**7:30 REGISTRATION, SIGN-IN, & COURSE MATERIALS**

**8:00 COURSE BEGINS** (a.m. & p.m. breaks determined by the presenters.)

### A QUICK & CLEAR UNDERSTANDING OF PSYCHOPHARMACOLOGY

- Neurotransmitter Theory
- Binding Sites, Agonism, & Antagonism
- "Surrogate Endpoints"
- Current Accepted Paradigm of the Causes & Treatment of Mental Illness
- Pitfalls of Providing Services to Patients Receiving Medications for "Off-label"

Uses

- Why Prescribers Use Medications for Non-FDA Approved Uses
- Black Box Warnings on Psychopharmaceuticals

### THEORY, "SCIENCE", PRACTICE, DIAGNOSIS, & OUTCOMES

- "Evidence-Based" Science & Controversies
  - Age
  - Risks vs. Benefits
  - Co-morbidity
  - Genetics
- Guidelines & Shortcomings
- Diagnostic Tools
  - DSM-IV & PDM
  - Diagnoses & Drug Treatments Not Found in Current References
  - Why These Treatments May Cause Problems in Court
- When Your Patient Stops Taking Their Medication
  - What to Look for in Their Clinical Presentation
  - What You Can Do & What You Should Do
  - What Happens if You Don't
- "Decision-Tree" Therapeutic Treatment Plans
  - Benefit to Your Patients' Outcomes
  - How These Can Help or Hinder Your Legal Exposure
- Tools You Can Use To Help You Understand the Medicines Your Patients Are Using

**11:30 LUNCH** (ON YOUR OWN)

### 12:30 SPECIFIC AGE-RELATED PSYCHOPHARMACOLOGY: CHILDREN, ADULTS, ELDERLY

- Autism
- Bipolar Disorder
- Eating Disorders
- Substance Abuse
- Dementia
- ADD/ADHD
- Psychosis
- Anxiety
- Depression

### RISK MANAGEMENT IN YOUR PRACTICE

- "Separate but Several Liability"
- How You Can Actually Use HIPAA to Your Advantage
- Can You Become Party To A Malpractice Suit - Even If You Do Not Prescribe?
- Communication Outcomes That You May Not Have Considered
  - With Your Patient
  - With Other Health Professionals
  - With Your Legal Counsel
  - With Your Malpractice Carrier

**3:30 EVALUATIONS, ADJOURNMENT, & CERTIFICATES**

## Learner Objectives

**At the conclusion of the program, you will have the knowledge required to:**

1. Describe the pitfalls of providing services to patients who are receiving medications for "off-label" use.
2. Explain what actions to take when new clinical presentations are noted as a result of either taking or not taking medications.
3. Discuss the different uses of medications throughout the stages of a client's life span.
4. Identify ways in which HIPAA can be a risk management tool.

### Comprehensive Program Manual Included with Your Registration!

*Current Trends in Psychopharmacology for Mental Health Professionals*, designed specifically for this program by Thomas & Barbara Smith, will be provided to each registrant at sign-in.

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## Location

**APRIL 7, 2010**  
**ALBUQUERQUE, NEW MEXICO**

NATIVO LODGE  
6000 Pan American Freeway Northeast | Albuquerque, NM 87109  
505-798-4300

**APRIL 9, 2010**  
**SCOTTSDALE, ARIZONA**

CHAPARRAL SUITES RESORT SCOTTSDALE  
5001 North Scottsdale Road | Scottsdale, AZ 85250  
480-949-1414

*\*The conference room is located in the back of the hotel; parking is available in the rear.*

For additional hotel information, including driving directions and parking, please contact hotel directly or view hotel website at [health-ed.com](http://health-ed.com).

**APRIL 8, 2010**  
**TUCSON, ARIZONA**

HILTON TUCSON EAST  
7600 East Broadway | Tucson, AZ 85710  
520-721-5600

### CONTINUING EDUCATION HOURS:

**Sponsor: HEALTH Education Network, LLC**

To receive verification of successful completion of the following credit hours, participants must sign-in, attend the entire program, and complete an evaluation. **For continuing education inquiries, please go to this program's page at [www.health-ed.com](http://www.health-ed.com) or contact [ssell@health-ed.com](mailto:ssell@health-ed.com).**

**ADDICTION PROFESSIONALS: 6.0 Hours.**

**NAADAC** - HEALTH ED, (provider #464), is an approved provider with NAADAC - The Association for Addiction Professionals. Full attendance is required. No partial credit will be offered for partial attendance.

**NURSES/NURSE PRACTITIONERS/NURSE SPECIALISTS: 6.0 Contact (60 minute) Hours.**

HEALTH ED is an approved provider of continuing nursing education by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**PSYCHOLOGISTS: 6.0 Hours.**

**APA** - HEALTH ED is approved by the American Psychological Association to sponsor continuing education for psychologists. HEALTH ED maintains responsibility for this program and its content. Full attendance is required. No partial credit will be offered for partial attendance.

**SOCIAL WORKERS, COUNSELORS AND MARRIAGE AND FAMILY THERAPISTS:**

**Arizona** - 6.5 Hours. The NASW, Arizona Chapter has approved this program dated 4/8/10 in Tucson. Certification #1633; this program dated 4/9/10 in Scottsdale, has been submitted to the NASW, Arizona Chapter. The Arizona State Board of Behavioral Health Examiners will accept activities approved by state and national professional associations or organizations.

**New Mexico** - 6.0 Hours. This program dated 4/7/10 in Albuquerque, is approved for 6 contact hours of Social Work Continuing Education by the New Mexico Chapter of the National Association of Social Workers. The New Mexico Board of Social Work Examiners accepts courses approved by NASW, New Mexico Chapter and the ASWB (ACE program).

**ASWB** - 6.0 Hours. HEALTH ED, (provider #1033), is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program and maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval.

**NBCC** - 6.0 Hours. HEALTH ED, (provider #5655), is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines.

**SCHOOL-BASED PERSONNEL: 6.0 Hours.**

These programs have been designed to offer six professional development hours. It is recommended that you check with your Professional Development Committee/Coordinator or the school district contact for recognition of this program.

✓**Others:** If your profession is not listed, please contact your board to determine how to receive credit. This program is designed to offer six contact hours. Many boards accept reciprocal approval via the organizations listed above.

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### CANCELLATIONS/TRANSFERS

To make registration changes, please email [smartin@health-ed.com](mailto:smartin@health-ed.com) prior to the program for transfers or credit coupons which can be applied toward a future program. If contacted no later than seven (7) business days prior to the start of the program, a tuition refund, less a \$30 cancellation fee, is available. In the unlikely event HEALTH ED has to cancel or postpone a program for an unforeseen reason, you will be notified immediately to discuss options.



## Purpose

Therapists, regardless of licensure and training, have patients of all ages who take medications to treat psychological problems. You, as a therapist, need to understand just how these drugs affect the overall therapeutic outcomes of your patients. Additionally, these medications may have different uses (both “approved” and “off-label”) and can create different problems in patients of different ages.

Co-presented by Tom and Barbara Smith, a therapist/pharmacist and a trial attorney, this seminar is designed to address the concerns you have from many aspects-how the drugs work, why and when they might be used, and the risks vs. benefits of the medications. This program provides awareness of risk management issues regarding liability concerns and possible legal entanglement- from HIPAA to the courtroom, whether the therapist has the legal authority to prescribe medications or not.

**The goal of this program** is to give practicing mental health professionals good, solid understanding of how these medications may help or hinder therapeutic outcomes and provide insight into any potential liability issues.

## Presenter

**THOMAS A. SMITH, PD, MS, LMHC**, is a Registered Pharmacist, licensed in Indiana as a Doctor of Pharmacy, Licensed Mental Health Counselor, and Diplomate of the American Psychotherapy Association. He is President and CEO of Smith Rehabilitation Consultants, Inc., where he provides consulting services dealing with the Americans with Disabilities Act in business, education, government, and with private individuals. Tom also provides mental health therapy services to individuals and families on such topics as disability, affective and mood disorders, marital counseling, adoption, abuse (sexual, physical, emotional, financial, and verbal), pain management, eating disorders, and the treatment of Dissociative Disorder.

Mr. Smith has worked with the State of Indiana for over 12 years as a member of the Family and Social Services Administration Drug Utilization Review Board. He recently chaired the ethics committee of the Indiana Counselors Association and is an adjunct associate professor at the Butler University College of Pharmacy.

**BARBARA J. SMITH, JD**, was the attorney for the Morgan County, Indiana Child Protection Services Division of the State of Indiana Family and Social Services Administration where she provided legal services to the State in cases of child protection and adoption as well as coordinating testimony of the CPS case managers, supervisors, and agency directors. This includes preparing mental health and medical health professionals for testifying in court. Ms. Smith also provides private legal services for Smith Rehabilitation Consultants including acting as the Compliance Officer.

## Program Planning Team

Thomas Smith, PD, MS, LMHC • Barbara Smith, JD • Stephanie Strzok, MS, LMFT  
Susan Fralick-Ball, PsyD, MSN • David Steinweg, PhD • Judith Nelson, PhD, LCSW

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# Current Trends in Psychopharmacology for Mental Health Professionals

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## Registration Policy:

A completed registration form, payment, or purchase order hard copy is required at time of registration for **each** attendee. Use only one registration form per person. Please copy this form for multiple registrations. **Pre-Registration** rates apply only to individuals and groups registering with payment in full before 12:00 noon CT the day before the program. **Groups must register at the same time.**

**ADA:** Contact us a minimum of 3 weeks prior to the program for accommodations.

**Receipt/Confirmation:** Register on-line at www.health-ed.com or email your request to smartin@health-ed.com.

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